



THE GEPPPO



A publication of the Buddhist Church of Ogden

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Covid in the Realm of Gratitude

By Rev. J.K. Hirano

If we can look upon our lives as being rare and wondrous events, then we will truly have lived.

If we are able to realize this realm of gratitude,

in which we are able to live-and-die in gassho,

then what else could we need?

Bearer of Light Rev. Jitsuen Kakehashi

“What does it say? Can you see a second line?” I ask Carmela.

“I can’t tell yet. You have to wait for at least ten minutes.”

I sit at the table and stare at the Covid test strip for about five minutes. I’m pretty sure I have it. Kacie tested positive and so did two of her friends who had been staying with us. We all started to feel sick about the same time. First a slight scratchy throat, then body aches and headache. Little by little congestion in the eyes, throat and then a cough. The fever was very slight, only about 99-100.

I get tired of staring at the test strip and go to the other room. Carmela calls from the kitchen, “You’re positive!”

It’s rather strange after having been basically isolated for a year and a half. From March of 2020 to November of 2021. In November, I began to think we had finally gotten out of this pandemic without getting it. My family had Thanksgiving together. I went to Disneyworld with Carmela, Kacie, Taylor and our friends David and Paul Q-T. from England. We were still very careful and made it back to have Joya E in Ogden and Salt Lake. However, this new variant Omicron began popping up in the news. Kacie and her friends came home for Martin Luther King weekend. Even at our house we were careful. However, Andrew (one of Kacie’s friends) was the first to test positive. Kacie called me tearfully, after he went to one of the test centers and tested positive. When Kacie called crying, I thought they had been in a car accident or something, but she said Andrew tested positive so it was her fault that I probably have it too.

It took a couple of days before I felt the symptoms and took the test. We were lucky because our friends from England had brought the tests they had received in the U.K., so we had a few extras. Actually Covid isn’t as bad as I thought. It isn’t good, but it isn’t as bad as I had imagined for almost two years. To tell the truth, I was beginning to wonder if I may be special and immune to Covid. Kacie and Taylor had gotten sick with Covid the previous year. I knew of many people who have had Covid. My Auntie Rose and Uncle Joe, both caught it and Uncle Joe died and Auntie Rose survived.

Reverend Hirano’s article continued on next page

When I look closely at these past two years, now going into the third year, I knew that Covid was real. However, it still felt like it was something that happened to others. It was quite like my realization that I would actually die. We all have a tendency to think like my daughter Taylor did when she was 5 or 6 years old and explained to Kacie that everybody else would probably die, “Dad, Mom, Grandpa, Grandma, you are all going to die, but I’m not going die.” Isn’t this how most of us feel. Very few of us get the experience of dying. I was lucky enough to have had a near death experience in a hospital in Reno. I couldn’t believe that I would die, until the moment I did. Literally when the nurse pulled the sheet over my face.

I think it was a very similar feeling when Carmela called out to me that my test was positive. I thought, “Well, there it is. I hope Kacie and Taylor don’t get too upset if I die.” Since I am writing this article, it means that I haven’t died. I am still sick and have a cough and can’t really do a service. However, I definitely don’t expect to die from this bout with Covid.

It almost feels anticlimactic. A part of me thinks, “This is it?” However, as soon as this thought hits me, I realize it isn’t about me. I have been lucky that Covid is just like a bad cold in my experience of it. Yet, I forget that the reason my experience is not that bad is because I have received the vaccinations and booster. Waiting to get these shots, how many people have died. As I have sat on my sofa and watched television, how many people have been running around so I could have food in my home? This is the literal meaning of the word “Itadakimasu.” The Japanese character for that word has the character for “Horse” in it, to express gratitude for the people riding on horses to get the various items for us to live. Can you see how many people have lived for your benefit?

In addition, is your little bit of comfort of not wearing a mask worth the life of another person? Although some of us have been lucky to not have a severe reaction to Covid, there are still those who will have a terrible reaction, even death. I believe that these types of questions are the meaning of “living and dying in Gassho.” None of us live alone. Each of us are interconnected with one another. As we live in this realm of gratitude, what is your diagnosis, “Positive or Negative?”

Namo Amida Butsu...Please take care of one another, I highly recommend a mask and vaccination.

BIG SHOUT OUT!



Thanks to our maintenance team - **Ernie K., Mike K., Steve K. and Kirk Y.!** During the COVID shutdown, they continue to work hard on repairing, replacing and updating our temple. Inside will be brighter (new lights), warmer (new thermostats, fixed furnaces) and safer (fixed doors/locks). Outside will be neater and greener thanks to the work they have put into fixing up the mowers and the sprinklers.

One of their next projects will be to replace the outside lanterns leading up to the multi-purpose room. It turns out that Shauna R’s grandfather, Sakujiro M., made those two wooden lanterns. Mr. Moriyama was a ship builder before World War II for Japan and was placed in a more restricted internment camp because he did not speak any English and the United States was concerned he was a threat to the US at that time. He did a great job. The lanterns did last almost 30 years in the multiple weather changes.

THANKS GUYS!

The Same Boat
by Geoff R., Minister's Assistant
Dharma Talk, January 23, 2022

“The Light of Wisdom exceeds all measure And every finite living being Receives this illumination that is like the dawn, So take refuge in Amida, the true and real light”
 - Shinran Shonin, Joso Wasan 4

Two key principles of Buddhism are called “dependent origination” and “no self”. We usually refer to these as the “Two I’s”- impermanence and interdependence. I recently found a song that embodies the sense of interdependence beautifully. It’s called “Same Boat” by the Zak Brown Band. You can find it on Apple Music, Spotify, Amazon Music, or in an amusing video on YouTube. When I first heard the song, it made me realize that Amida’s Light of Wisdom doesn’t just shine on Jodo Shinshu Buddhists, or even all Buddhists. It shines on “all the sentient beings of the ten quarters”. As a result, I try now to regard all sentient beings in a new light. There is no “Us” and “Them”. We are all one. In a world facing a worldwide pandemic that shows no signs of easing, where nations with nuclear weapons are confronting one another, we need to realize the common thread that connects us all. As Jodo Shinshu Buddhists we are given a headstart, because we have encountered the Dharma in this lifetime. But eventually, we will all be in the same boat as all sentient beings - Amida’s Pure Land.

Namo Amida Butsu



PRESIDENT’S MESSAGE

“No matter how long the winter, spring is sure to follow”
 English Proverb

Things are tough right now. It’s freezing cold outside, the days are shorter, the lack of sunlight, and the trees are also bare. This coupled with the uncertainty of the virus and turbulent foreign politics, can make one’s view of the world rather dark and dismal. However, it’s moments like these that my thoughts turn to bask in the warmth of Amida’s teachings and the sangha. By reflecting on the Nembutsu, I relate it to cleaning off the smudged lenses of my glasses, thus allowing me to see the world more clearly. That being said, with sight renewed, I believe that there are moments of Buddhism that are reflected daily in the outside world. Whether it’s spending time with loved ones, eating a delicious meal, or even petting a puppy, the world is rich with vibrant opportunities for introspection and realizing our own personal connection with the dharma. As I’ve mentioned before in previous messages, I am glad to have the opportunity to share in the teachings of Amida with all of you, whether it’s in person or through a webcam. And just as spring is sure to follow, these tough times are impermanent, and we will get through it together and our bonds will be stronger than ever. Thank you.

In Gassho,
James

BWA News

By Brenda K.

If you want to be happy, be.—Leo Tolstoy

Spring is on the way...can you believe we are in to March already! Despite the fact that the members were not meeting for service in person, the Buddhist Women's Association continued to progress ahead using the Zoom platform. However, with the Omicron virus diminishing in its prevalence, the BWA and general membership met on February 20 with the Nehan-E service and the BWA service project.

Thank you to those who came to create hygiene kits to donate to the Ogden Rescue Mission. Ruth S. purchased the needed items and the members present on February 20th filled the bags to distribute. A big thanks to those members who donated clothing items for the Ogden Rescue Mission. The items will be delivered as soon as possible. This was followed by a BWA meeting.



At the meeting it was decided that BWA would donate \$500 to help the Tri-State Buddhist Temple Sangha members who were affected by the Marshall Fire. Please see page 6 for details on how you can help.

A reminder to the BWA members and those wishing to join the organization—the membership **dues are \$20**. Please pay Ellen K. as soon as feasible. The BWA will host their annual service and membership party on **March 13, 2022** at 11:30. You can pay your membership then. The entire membership party will be held at the church. Members are also encouraged to bring prospective members to the membership party. Please RSVP to Annette K. by **March 6**. You may text or call her at 801-791-3777 or you may email her at annettekoga17@gmail.com Further details are forthcoming.

We were very sorry to hear some sad news. Judy Okamoto, wife of Rev. Kanya Okamoto, passed away in the fall. Rev. Okamoto was the resident minister of the Tri-State Buddhist Temple in Denver for many years. Judy was very visible at the Denver temple and was always a welcoming personality when we would visit Denver, usually for the Mountain States Conferences. Koden was sent to Rev. Okamoto from the BWA.

It was announced that the Federation of Buddhist Women's Association Conference, our national organization will be hosting a virtual conference on October 14-16, 2022. Further details will be upcoming. Also, initial registration for the World Federation of Jodo Shinshu Hongwanji-ha Buddhist Women's Conference has been announced for May 11-12, 2023 in Kyoto, Japan.

The next BWA meetings will be on March 13 at 11:30, April 24 at 11:00 and May 8 at 11:00.



BWA DONATIONS

((Omitted for Online Version of The GEPP0.))

DHARMA SCHOOL DONATIONS

((Omitted for Online Version of The GEPP0.))

TAIKO GROUP DONATIONS

((Omitted for Online Version of The GEPP0.))

THANK YOU

DONATION STATION

- POP TABS -

- OGDEN RESCUE MISSION -

We will be collecting some clothing items.

Current Needs:

- men's jeans
- winter coats
- blankets
- new men's underwear (all sizes)
- new socks (all sizes)
- disposable razors and lip balm.

Ongoing Needs:

- new socks and underwear
 - men's, women's and children's all sizes
- new or gently used bras
- shoes
- denim jeans
- new or gently used bath towels.

If your donation does not fit in the Donation Station baskets, bring it in a bag or box and place it next to the Donation Station. Sharon K. has volunteered to monitor the donations and take items to the rescue mission as needed.



Marshall Fire 12/30/2021: Impact to Tri-State/Denver Buddhist Temple Sangha Members:

Several members of the TS/DBT Sangha suffered unimaginable losses from this horrific fire that ravaged the Superior, Louisville and unincorporated Boulder County in the Marshall Lake area. Each of the affected is working diligently with insurance providers and are in the process of determining the next steps toward a semblance of recovery. Meanwhile, they have sizable incurred expenses and would benefit from any support you may be able to give.

As Mountain States district partners, we are bringing this to your awareness in hopes we can collectively send a monetary contribution to the TS/DBT for disbursement to these victims, two of whom lost their entire homes and contents.

If you would like to send an individual contribution, please do so by check made payable to the Buddhist Church of Ogden with memo for the Marshall Fire relief. You may also use our Venmo or credit card donation buttons on the church website making note of Marshall Fire relief. Our treasury will gather all contributions and forward one final check to Tri-State/Denver Buddhist Temple.

We would like to receive all contributions by **March 31**. Here is our PO Box address for all mail-in contributions.

Buddhist Church of Ogden
PO Box 3248
Ogden, UT 84409

Thank you for your selfless Dana.



An aerial view of the damage caused by the Marshall Fire

Credit: Governor Jared Polis.

Status as of 1/30/2022:

More than 1000 homes and businesses destroyed in Superior, Louisville & unincorporated Boulder County. (the most destructive in Colorado History) One person killed and another still missing.

**OHIGAN SERVICE
KEIRO-KAI
March Shotsuki Hoyo
Sunday, March 20, 2022, 10:00 AM**

The word Higan comes from the Sanskrit word Paramita - "Other Shore." The words "other shore" refer to the "world of Nirvana." As the name Higan denotes, this is the time to remind within each and every one of us the Bodhisattva practice of the Six Paramitas of charity, morality, patience, effort, meditation, and wisdom. It is the means by which one crosses over the illusory ocean of birth and death to the other shore of Nirvana.

Shotsuki Hoyo - Monthly Memorial Service



**HANAMATSURI SERVICE
April Shotsuki Hoyo
Sunday, April 3, 2022, 10:00 AM**

Hanamatsuri or "Flower Festival" is held to commemorate the birth of Siddhartha Gautama in Lumbini Garden. According to the ancient legend, the universe was filled with joyful music, flowers bloomed in full glory and sweet rain fell from the heavens to make this a joyful event. During the service a flower shine known as the Hanamido is set up in front of the main altar as a symbol of Lumbini Garden. In this shrine is placed a statuette of the infant Buddha and the Congregation offers flowers and pours sweet tea over the image.

Shotsuki Hoyo - Monthly Memorial Service

**Please Note: COVID-19 protocols will be in place:
Masks, social distancing and vaccinations.
There will be no chanting or singing by the Sangha.**

March Shotsuki Hoyo

March 20, 2022 at 10:00 AM

Mar 22 2017 Toshiyuki Aoki
 Mar 18 2013 Akio Dick Hamada
 Mar 10 1967 Kanekichi Hamada
 Mar 29 2014 Hisano Higashiyama
 Mar 18 1971 Francis Hirabayashi
 Mar 18 1971 Ricky Hirabayashi
 Mar 11 1987 Yukiyo Iseki
 Mar 2 2015 Aileen Shizuko Kano
 Mar 29 1997 Kayzo Kano
 Mar 12 1999 Toyse Toshiharu Kato
 Mar 15 2005 Maxie Kimiko Kato
 Mar 31 2019 Kuneko Kuni Kawashima
 Mar 14 1960 Tasaku Kumooka
 Mar 23 1988 Yoshimatsu Miyagishima
 Mar 23 1996 Hideo Miyawaki
 Mar 29 1998 Matsuyo Miyawaki
 Mar 4 2011 Rokuro George Nakano
 Mar 22 1988 Mary M. Morinaka
 Mar 5 1979 Shuichi Murakami
 Mar 14 1994 Masako Nakagawa Burrell
 Mar 16 1966 Bunkichi Oki
 Mar 18 1975 Itsu Ota
 Mar 30 2021 Masako Fujinami Ryujin
 Mar 31 1973 Taiji Shimada
 Mar 14 1970 Yasu Shiotani
 Mar 17 2020 Danzo "Date" Shiramizu
 Mar 3 1970 Utaro Sugihara
 Mar 11 1979 Masu Sugihara
 Mar 11 2000 George Joji Sugimoto
 Mar 16 1990 Mine Takabayashi
 Mar 17 2008 Judy Naoko Takara
 Mar 16 1983 Noble Edward Tsushima
 Mar 30 1988 Takashi Uemori
 Mar 27 2003 Saburo Butch Uyeno
 Mar 27 1964 Shinichi Yamada
 Mar 28 2014 Ted Teruo Yamada
 Mar 3 1996 Toshimi Yamada (Tsukamoto)
 Mar 7 1979 Mii Yamaguchi
 Mar 10 2007 Takeo Yamasaki
 Mar 16 1996 Ruby Toshiko Yamasaki
 Mar 28 1992 Kiyoshi Yei
 Mar 11 1976 Saburoji Yoshimura

April Shotsuki Hoyo

April 3, 2022 at 10:00 AM

Apr 1 2021 David Kaoru Aoki
 Apr 8 1982 Helen Haruye Estrada
 Apr 23 1974 Chohachi Fujita
 Apr 5 1979 Utaka Harada
 Apr 3 2018 Jaxon Jones Masaaki Hattori
 Apr 25 1970 Toraki Hattori
 Apr 2 1980 Joe Hideo Imaizumi
 Apr 2 1995 Miyoe Inouye (Miyamoto)
 Apr 16 1983 Ise K. Kato
 Apr 5 1979 Bunshiro Kikuchi
 Apr 4 2000 Mitsuru Koga
 Apr 1 2012 Fujie O. Kunimoto
 Apr 21 1963 Katsugoro Miya
 Apr 22 1967 Eimatsu Miyagishima
 Apr 4 1962 Kenjiro Mukai
 Apr 11 1993 Yukimi Nakashige (Naito)
 Apr 13 1962 Kosaku Nakata
 Apr 11 1975 Gentaro Nakashige
 Apr 30 2009 Kikue "Kixie" Oda
 Apr 13 1987 Chiyoichi Ogata
 Apr 24 1979 Harugo Okuda
 Apr 11 1987 Kumaye Okuda
 Apr 13 1980 Kirk Sakae Omori
 Apr 17 1984 George Sakae Omori
 Apr 4 1961 Kotaro Ono
 Apr 3 1991 Randall Petersen
 Apr 11 1979 George T. Ryujin
 Apr 21 1999 Tomotsu Tom Ryujin
 Apr 2 2004 Etsuko Ryujin
 Apr 4 1999 Mary Sase
 Apr 9 2009 Shige Shimada
 Apr 15 2020 Danzo "Date" Shiramizu
 Apr 6 1990 Takino Sugimoto (Nakano)
 Apr 29 2015 LaVerne Vera Summers
 Apr 4 2010 Fred W. Taniguchi
 Apr 26 1995 Yoshiko Tawatai (Yamasaki)
 Apr 29 1993 Shizuyo (Shitsuyo) Uyematsu
 Apr 23 2021 Kiyoko Yamada
 Apr 22 1971 Kiyoshi Yamamoto
 Apr 17 1995 Miyeko Yamane (Nakagawa)
 Apr 28 1967 Suzuko Yamashita
 Apr 24 2006 George Seiichi Yoshida
 Apr 7 2014 Debbie Yoshimura

For those years not having a specific memorial service such as 2nd, 4th or 5th, the temple is holding these monthly Shotsuki Hoyo. During these services, the temple will list the names of those members who have died during the month in the preceding years. The families then attend that monthly service in memory of their loved ones.

These services are not meant to replace the specific memorial services. Please contact Rev. Hirano to make arrangements for those services. Rev. Hirano contact information - Office: 801-363-4742, Home: 801-299-8727, Emergency: 801-819-2648.

Corrections/additions to the Shotsuki Hoyo list - please contact Ruth S., 801-292-6042.

2022 Memorial Service Schedule for those who passed away in:

2021 - 1 year	2010 - 13 year	1988 - 33 year
2020 - 3 year	2006 - 17 year	1973 - 50 year
2016 - 7 year	1998 - 25 year	1923 - 100 year

Buddhist Church of Ogden DRIVE-THRU CHOWMEIN DINNER



The Buddhist Church of Ogden will be serving up their famous chowmein !

Saturday, April 30, 2022

Chowmein Dinner
\$10

Pick-up Times:
3:00 - 4:00 pm
4:00 - 5:00 pm



Buddhist Church of Ogden Drive-Thru Chowmein Dinner Order Form

Your Name _____

of Chowmein Dinners Ordered: _____

Pick-up Time: 3:00 - 4:00 pm
 4:00 - 5:00 pm

Chowmein Dinners are \$10.00 each. Total Included in Order: \$ _____

You can print this form and mail in your check to: P.O. Box 3248 Ogden, UT 84409
OR you can VENMO @BuddhistChurchofOgden.

Please note: CHOWMEIN, your name, # of dinners, and time of pick-up
ORDER MUST BE RECEIVED BY APRIL 16, 2022



BCA / IBS FUNDRAISER

Friday, March 11, 2022
Order online from PANDA EXPRESS
Enter code: 906058



28% of sales will be donated to
Buddhist Churches of America Endowment Foundation:
Dharma Forward campaign

Ways To Donate to the Buddhist Church of Ogden

There are several ways that you can still donate to our church!
We are slowly coming back to the temple, but we still need your support.

THANK YOU!



@BuddhistChurchofOgden



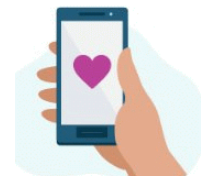
Buddhist Church of Ogden
P. O. Box 3248
Ogden UT 84409-1248

Other Ways to Support



You can NOW update your Amazon App on your phone to donate a portion of your purchases to the Buddhist Church of Ogden.

1. Open your APP
2. Main Menu → Settings
3. Tap AMAZON SMILE → Complete the process



Maximize your impact

Support your favorite charity with every eligible AmazonSmile purchase from your phone or web browser.

SMITH'S COMMUNITY REWARDS

If you have NOT done this previously, please select the

Buddhist Church of Ogden (#YS414)

as your non-profit organization to support on your Smith's Rewards Card



Smith's is giving
\$1.4 MILLION
to local nonprofit organizations

**Use your Rewards Card
& help our nonprofit
Organization grow**

SCRIPT ORDERS

Hello Everyone,

On behalf of Ogden Dharma School (DS), we want to thank our Sangha for supporting the ShopWithScrip gift card program. With your gift card purchase DS receives anywhere from 1.5%-14% of the face value. In 2021 DS received \$436 from this incredible program. As you can see, whether you need a \$10, \$25, or \$50 gift card the return to DS really adds up.

Submit your orders by 9 pm on Sunday, and you will have the gift cards the following Sunday.

Below is the 2022 schedule.

Order Placed

Feb 27 (Sunday)
 April 3 (Sunday)
 May 1 (Sunday)
 June 5 (Sunday)
 July 3 (Sunday)
 Aug 7 (Sunday)
 Sept 4 (Sunday)
 Oct 2 (Sunday)
 Oct 16 (Sunday)

Order Received

Mar 6 (Sunday)
 April 10 (Sunday) Mother's Day May 8
 May 8 (Sunday) Father's Day June 19
 June 12 (Sunday)
 July 10 (Sunday)
 Aug 14 (Sunday)
 Sept 11 (Sunday) Ogden Bazaar Oct
 Oct 9 (Sunday)
 Oct 23 (Sunday)

Weekly orders begin Nov 6th

Nov 6 (Sunday)	Nov 13 (Sunday)	Black Friday Sale Begin
Nov 13 (Sunday)	Nov 20 (Sunday)	
Nov 20 (Sunday)	Nov 27 (Sunday)	
Nov 27 (Sunday)	Dec 4 (Sunday)	
Dec 4 (Sunday)	Dec 11 (Sunday)	
Dec 11 (Sunday)	Dec 18 (Sunday)	Last order for 2022

Please keep ShopWithScrip in mind for holidays, birthdays, graduations or any special occasion. The order form will be on the church's website. You can pay with a check or through the church's VENMO account. To place an order text me 801-540-6056 or email me at yoshimurab@aol.com. Please contact me if you have any questions.

In Gassho,
 Suzan Y.



REMINDER

Please pay your BWA membership dues. Dues are \$20.00 and may be paid to Ellen K. You may pay at the membership party on Sunday, March 13 (see details on page 4)

Buddhist Church of Ogden Donations

((Pages 12-13 omitted for online version of The GEPP0.))

Thank you!! Thank you!!

On behalf of the board, I would like to thank everyone for their generous donations. It is only through your donations that our temple can meet its financial obligations. If you have any questions or concerns about any donations made, please feel free to contact me at 801-725-6096 or my email address is yamiek@netscape.net.



Thank you, Betty Yamashita



CHURCH MEMBERSHIP REMINDER

Please pay your 2022 annual membership dues at your earliest convenience.

Annual dues are \$175 per adult member, \$10 for members 20 years and under.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<h1>March 2022</h1> 						
		1	2	3	4	5
6 10:00 am - Dharma Service	7	8 7:00 pm - Board Meeting	9	10	11 Panda Express BCA Fundraiser	12
13 11:30 BWA - Membership Party	14	15	16	17 	18	19
20 10:00 am - Ohigan, Keiro-Kai, Shotsuki Hoyo	21	22	23	24	25	26
27	28	29	30	31		



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<h1>April 2022</h1> 						
					1	2
3 10:00 am - Ogden Hanamatsuri Shotsuki Hoyo	4	5	6	7	8	9
10 10:00 am - Salt Lake Hanamatsuri	11	12 7:00 pm - Board Meeting	13	14	15	16
17	18	19	20	21	22	23
24 10:00 am - Dharma Service 11:00 am - BWA Meeting	25	26	27	28	29	30 3-5 pm - Drive-thru Chowmein Dinner



2022 Scrip Order Form

#Items _____ \$ _____

(VENMO OBC or Make checks payable to Ogden Dharma School)

Name: _____

Phone: _____

Store Name	Credit	Value	Quantity	Total Order
Amazon.Com	2.00%	\$10/\$25/\$100		
American Eagle Outfitters	10.00%	\$25		
AMERICAN GIRL (City Creek)	9%	\$25/\$100		
Apple (everything Apple store & online)	5%	\$15/\$25		
Applebee's	8.00%	\$25/\$50		
Arby's	8%	\$10/\$25		
Athleta	14%	\$25/\$100		
Auto Zone	8%	\$25		
Banana Republic	14%	\$25/\$100		
Barnes & Noble	8%	\$10/\$25/\$100		
Barnes & Noble College Bookstores	8%	\$10/\$20/\$25/\$100		
Bass Pro Shops	10%	\$25/\$100		
Bath & Body Works	12.00%	\$10/\$25		
Bed Bath & Beyond	7%	\$25/\$100		
Best Buy	4%	\$25/\$100/\$250		
Big 5 Sporting	8%	\$25		
Buca Di Beppo	8%	\$25		
Buckle	8%	\$25		
Buffalo Wild Wings (reload)	8%	\$10/\$25		
Build-A-Bear Shop	8%	\$25		
Burger King (reload)	4%	\$10		
Burlington (NEW) (Ends Feb 4)	8%/11%	\$25		
Buy Buy Baby (NEW)	7%	\$25		
Cabela's	10%	\$25/\$100		
California Pizza Kitchen (Ends Feb 4)	8%/15%	\$25		
Carl's Jr.	5%	\$10		
Cheesecake Factory	5%	\$25		
Children's Place	12%	\$25		
Chili's	11.00%	\$25/\$50		
Chipotle Mexican Grill	10%	\$10/\$25		
Century Theaters (New)	4%	\$25		
Cinemark Theaters/Tinseltown	4%	\$25		
Claire's	9%	\$10		
Container Store (NEW)	9%	\$25/\$100		
Cracker Barrel	8%/10%	\$10/\$25		
Crate & Barrel	8%	\$25/\$100		
CVS Pharmacy	6%	\$10/\$25/\$100		
DSW (Ends Feb 4)	8%/11%	\$25		
Dairy Queen	3%	\$10		
Del Taco	7%	\$10		
Denny's	7%	\$10		
Dicks Sporting Goods	8%	\$25/\$100		
Dillard's	9%	\$25/\$100		
Domino's Pizza (Ends Feb 4)	8%/11%	\$10/\$25		
Dunkin' Donuts	3%	\$10/\$25		
Einstein Bros Bagels	10%	\$10		
Express (Ends Feb 4)	10%/13%	\$25		
Exxon	1%	\$50/\$250		
Famous Footwear	8%	\$25		
Fandango	4%	\$25		
Fleming's Steakhouse	10%	\$10/\$25/\$50		
Foot Locker	8%	\$25		
Gap	14%	\$25/\$100		

Oct 2020 National list or retailers www.shopwithscrip.com)*Note Bold = recent scrip changes (Questions contact Suzan at yoshimurab@aol.com)

Game Stop	3%	\$25		
Golden Corral	9%	\$25		
Golf Galaxy	8%	\$25/\$100		
Great Harvest	6%	\$10		
H&M	7%	\$25		
Hallmark (Ends Feb 4)	44% /7%	\$25		
Harry & David (NEW)	12%	\$50		
Home Depot	4%	\$25/\$100/\$500		
HomeGoods	7%	\$25/\$100		
Honey Baked Ham (Holiday time)	12%	\$25		
Icing (Claire's)	9%	\$10		
IHOP (Ends Feb 4)	8%/12%	\$10/\$25		
J. Crew	13%	\$25		
JC Penney	5%	\$25/\$100		
Jamba Juice	6%	\$25		
Jiffy Lube	8%	\$30		
Jo Ann Fabrics	6%	\$25		
Journeys	10%	\$25		
Kohl's Dept Store	4%	\$25/\$100		
Krispy Kreme (Ends Feb 4)	8% /10%	\$10		
Lane Bryant	8%	\$25		
Little Caesar's Pizza	8%	\$20		
Loews Cineplex Ent	8%	\$25.\$50		
LongHorn Steakhouse	8%	\$10/\$25/\$100		
Lowe's Home Improve	4%	\$20/\$25/\$100/\$500		
Macy's	10%	\$25/\$100		
Marshalls	7%	\$25/\$100		
Men's Wearhouse	8%	\$25		
Michaels	4%	\$25		
Nike	12%	\$25		
Noodles & Company	8%	\$10		
Nordstrom/ Nordstrom Rack	4.00%	\$25/\$100		
Office Depot/Office Max	5%	\$25/\$100		
Old Navy	14%	\$25/\$100		
Olive Garden	8%	\$25/\$100		
Panda Express	8%	\$25		
Panera Bread	8%	\$10/\$25		
Papa Johns (reload)	8%	\$10		
Papa Murphy's	8%	\$10		
PF Chang's	8%	\$25/\$100		
PetSmart	5%	\$25		
Pizza Hut	8%	\$10		
Pottery Barn & Kids/Wm Sonoma	8%	\$25/\$100		
Red Lobster	8%	\$25.00		
Red Robin	8%	\$25		
REI	8%	\$25		
Rite Aid	4%	\$25/\$100		
Ross Dress for Less	8%	\$25		
Ruth Chris Steak House	10%	\$50/\$100		
Sally's Beauty	12%	\$25		
Scheels	8%	\$25/\$100		
See's Candies	9%	\$25		
Sephora	5.00%	\$25/\$50		
Shell Gas Station	1.5%	\$25/\$50		
Shutterfly	9%	\$25		
Sinclair Oil	1.5%	\$25/\$100		
Speedway Gas (New)	4.00%	\$25/\$50/\$100		
Sprouts Famers Market	5%	\$25/\$50		
Starbucks	4.5%	\$5/\$10/\$25		
Staples	5%	\$25/\$100		
Subway	4.50%	\$10/\$50		

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*Note Bold = recent scrip changes (Questions contact Suzan at yoshimurab@aol.com)

T.J. Maxx /Marshall/Home Goods	7%	\$25/\$100		
TGI Friday's	9.00%	\$25		
Taco Bell	5%	\$5/\$10/\$25		
Target	2.5%	\$10/\$25/\$50/\$100		
Texas Roadhouse	8.00%	\$25/\$100		
ULTA	6.00%	\$25		
Under Armour	11.00%	\$25		
VISA (NEW) No activation Fee!	1.25%	\$50/\$100/\$250		
Walgreens	5%	\$25		
Walmart / Sam's Club	2.5%	\$25/\$50/\$100/\$250		
Wayfair	6%	\$100		
Wendy's	6.50%	\$10		
West Elm	8%	\$25/\$100		
Zaxby's	8.00%	\$25		

JAN 2022 - See www.shopwithscrip.com for a complete list of retailers

(R) Reload

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