



THE GEPPPO



A publication of the Ogden Buddhist Temple

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Wave of Compassion

By Carmela J.-H. M.D.

The Sutra of Great Compassion States: What is Great Compassion? Those who continue solely in the recitation of the name of the Buddha (nembutsu) Without any interruption will thereby be born without fail in the Land of Happiness at the end of life. If these people encourage each other and bring others to recite the Name, they are all called "people who practice compassion."

Engaged Pure Land Buddhism

Edited by Kenneth Tanaka and Eisho Nasu

On March 11, 2011, an earthquake with a magnitude of 8.9 shook a few miles off the northeastern shores of Japan. The resultant tsunami that followed took with it about 10,000 lives, about 17,000 still missing, and now half a million in shelters. The flourishing coastal towns of Sendai and Fukushima are now left devastated, threatened by the radiation leaks that have now seeped into the region's food source. In the face of all this, we hear stories of bravery and courage, integrity and honesty, consideration for others and a sense of closeness and community as survivors and disaster responders turn to each other for mutual support. Americans still there who have been recently interviewed were amazed and awed by the orderly lines for food and water rations, no looting, no violence, no complaints, and the generosity of those who have very little and yet share what they have.

Here we are, cozy and safe, wondering how we can help. Some of us may know people there, and maybe some have relatives there. For those of you who do, I hope that they are safe and well. The question becomes: how can we practice compassion at a time like this?

We turn to the Sutra of Great Compassion: If we can encourage each other and bring others to recite the name Namo Amida Butsu, we practice Great Compassion.

Inherent in saying the name is the realization of how fragile our lives really are, that no matter how prepared we think we are, our lives are always dangling on a string. Saying the name is also recognizing all the care and support that we have been receiving all along that make it possible for us to live. Saying the name is recognizing our interdependence on one another. Just as life is a miracle and mystery, so is death. Like the ebb and flow of the tsunami wave itself, ultimately we become one with the ocean. Saying Namo Amida Butsu is acknowledging the gift of life, the gift of love, and our own capacity to give and love, and completely trusting the Infinite Wisdom and Compassion of Amida Buddha. The Great Compassion that is given to us by Amida Buddha when we say the name does not shrink from adversity nor tremble in fear or rage. Our single-minded entrusting in Amida Buddha's Vow knows no despair, hopelessness, overwhelm or defeat. The Buddha of Unhindered Light and Infinite Love knows no obstacles.

Let us remember the victims of the Great Tsunami, the firefighters and engineers and mechanics and military and humanitarian and health care workers over there, and especially the survivors who have found the strength and dignity to carry on despite the overwhelming odds against them. I would like to close with a version of the Metta Sutra to send out our own desire for a Tsunami of compassion to spread throughout the world.

Oneness of Light and Light
 Entrusting in your Great Compassion,
 may you shed the foolishness in myself,
 Transforming me into a conduit of love.
 May I be a medicine for the sick and weary,
 Nursing their afflictions until they are cured.
 May I be food and drink, during time of famine,
 May I protect the helpless and the poor,
 May I be a lamp for those in need of light.
 May I be a bed for those who need rest
 And guide all seekers to the Other Shore.
 May all find happiness through my actions,
 And let no one suffer because of me.
 Whether they love or hate me, whether they hurt or wrong me,
 May they all realize True Entrusting through Other Power,
 And realize Supreme Nirvana.
 Through the working of Great Compassion in their hearts,
 May all beings have happiness and the causes of happiness.
 May all be free from sorrow and the causes of sorrow;
 May all never be separated from the sacred happiness which is sorrow less;
 May all come to peace without too much attachment and too much aversion,
 And live believing in the equality of all beings.
 May all beings be filled with joy and peace;
 May all beings everywhere, the strong and the weak;
 The great and the small, the mean and the powerful,
 The short and the long, the subtle and the gross;
 May all beings everywhere, seen and unseen,
 Dwelling far off or nearby, being or waiting to become:
 May all be filled with lasting joy.
 Let no one deceive another; let no one anywhere despise another;
 Let no one out of anger or resentment wish suffering on anyone.
 Just as a mother with her own life protects her child, her only child, from harm,
 So within yourself let grow a boundless love for all creatures.
 Let you love flow outward through the Universe,
 To its height, its depth, its broad extent,
 Without hatred or enmity.
 Then as you stand or walk, sit or lie down,
 As long as you are awake
 Strive for this one-pointed mind
 Your life will bring heaven to earth
 Namo Amida Butsu



President's Message

First off, I would like to extend my appreciation to all the people who made this year's Hanamatsuri a great success. The Dharma school kids put on a wonderful program. A big thank you to Mrs. K. for her time and dedication to teach our Dharma school kids their dances. I would also like to thank the ladies who helped dress the Ochigo kids, and the girls who danced in the program and all the parents who helped with the lunch and brought salads and desserts.



As always, a special thanks to Jimmy's Flower for the Hanamido flowers
Arigato Gozaimasu!



Secondly, I would like to acknowledge all the donations we have received for the Japan Relief Effort. Our Sangha members and friends have been very generous and it is very much appreciated.

Lastly, Obon is just around the corner. Dance practice will begin the last week of June.

Please see the attached calendar for the date and times. We are always looking for people who can help at the Temple on Obon weekend. Also, please note the Obon donation wish list. Donations of items from the list, and volunteering of your time is always appreciated.

Let's not forget to thank the BWA ladies for the Spaghetti dinner.

In Gassho,
Kirk Y.



BWA NEWS



The BWA ladies' "Spaghetti Dinner" fundraiser April 16th was a great success! Good food and fun. A big thanks to Ruth S., Suzan Y., Ellen K., Betty Y., Kris Y., Annette K., Linda R., Lorraine S., Jeannie P., Aki K., Fran H. and Alice H. for preparing the food and setting up. A special thanks to Valerie K. and Mackenzie H. for helping out so much, couldn't have done it without you. We would like to thank Darlene M. for putting together the awesome quilt for the raffle; everyone sure was hoping to win it. Thanks to all the donations of food and prizes for the raffle also.

Thanks to all the "guys" that helped out with the clean-up:
Steve K., Stan H., Alex H., Mike K. and Geoff R.

Upcoming events:

Sushi fundraiser, May 22nd (food prep May 21st at 9:00am and May 22nd at 8:00am), order forms are included in this GEPP0.

Wendover Bus, June 5th, if you would like to join us contact Ellen K. to sign up.

BWA Memorial Service, June 12th at 1:00, lunch will be served starting at 11:30.

In Gassho,
Tami H.



BWA Donations

*** Omitted for online version ***

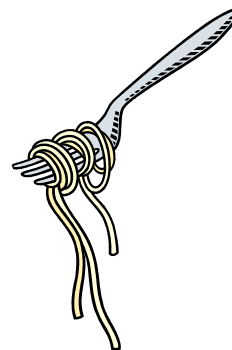


2011 BWA Membership

Ruth S., Marcie F., Kyoko M.

Food Donations for Spaghetti Dinner

*** Omitted for online version ***



Raffle Prize Donations for Spaghetti Dinner

*** Omitted for online version ***

Arigato

Spaghetti Dinner Donations

*** Omitted for online version ***

DHARMA SCHOOL NEWS

By Suzan Y.

Thanks
 **For Your** 
Support

I'm very appreciative of the Ogden Dharma School parents for chairing various monthly activities for Dharma School.

Robyn H. and Justine H. chaired the

Ohigan/Keirokai luncheon.

Ellen K., Lorraine S. and Geniel S. chaired

Hanamatsuri activities.

A special thanks to Aiko K. who is responsible for our Hanamatsuri program.

She taught all of the Dharma School students their dances.

I would also like to thank Justine H. and Kris Y. for coordinating the practice sessions and working with Mrs. K. Thank you everyone for supporting me and the Dharma School.

Dharma School Donations

*** Omitted for online version ***

Jr. YBA/YBA Chow Mein Dinner Donations

*** Omitted for online version ***



Jr. YBA/YBA Chow Mein Dinner Raffle Prize Donations

*** Omitted for online version ***



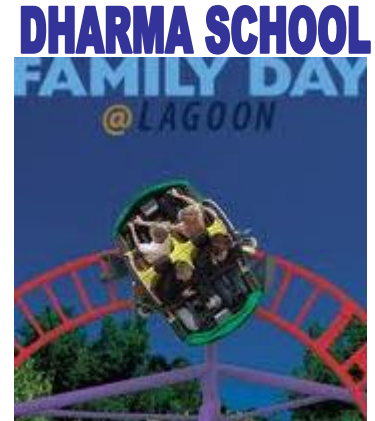
Salt Lake & Ogden Annual Bowling Party

Salt Lake Dharma School is sponsoring the annual Bowling Party on May 1, 2011 at Bonwood Bowl in Salt Lake!
We will start the bowling at 11 am and Ogden is in charge of desserts.
There is always good food, good fun and lots of friends!



Ogden Dharma School is sponsoring LAGOON DAY on June 5, 2011.
Come help us celebrate the beginning of SUMMER!!

Ogden is in charge of nigiri and salads and Salt Lake is in charge of desserts!
We would LOVE to see everybody come out and have a BLAST!
Everybody usually eats too much good food, has too much fun, gets soaking wet, and most of all
gets to spend lots and lots of time with FRIENDS!
What a great way to kick off the summer!



We are in the mist of negotiating a GREAT deal with Lagoon on the ticket prices.
As soon as a final decision is made, we will let everybody know the prices of an all-day pass.

We hope to see EVERYBODY there!

Hanmatsuri Thank You



HANAMATSURI
Buddha's Birthday

The Ogden Buddhist Temple would like to THANK **Mrs. K.** for taking the time to teach all of our children their Japanese dances for Hanamatsuri. The children did a GREAT job and made all of us very proud.

Thank you for passing along this very valuable tradition to them!
We truly appreciate everything that **Mrs. K.** does for our Dharma School.

THANK YOU to Jimmy K. – Jimmy's Flower Shop! Every year Mr. K. donates the flowers for Hanamatsuri and the Hanamido. Every year they are more beautiful than the last. If you are ever in need of gorgeous flowers, please use Jimmy's Flower Shop.
You will not be disappointed.

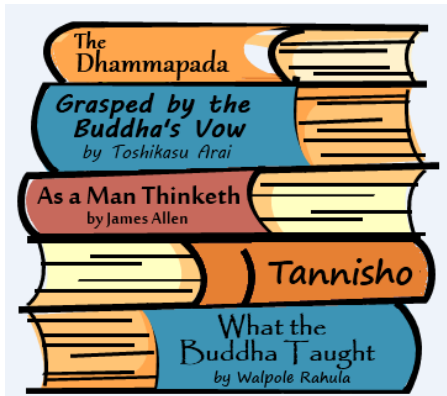
Member Spotlight



A SPECIAL HAPPY BIRTHDAY
to **Mr. Ted Y.**
He is now a "young" 90 years old!

Buddha's Bookshelf

Each GEPPU we will be spotlighting a book on Buddhism. The article will contain the book information and a short summary written by a study group or temple member. We hope you enjoy our "bookshelf".



Living Buddha, Living Christ by Thich Nhat Hanh

Reviewed by Kimberly J.
198 Pages / Riverhead Books

I was introduced to Buddhism ten years ago after my youngest son was diagnosed with autism. The concepts of love, compassion and peace resonated in my soul. Because of my upbringing and the "one salvation fits all" mentality I felt that I needed to abandon the roots of my childhood religion in order to fully embrace a new one. I struggled with this concept because my family and its religious culture created the core of who I am today. This book gave me the permission to embrace

and appreciate my religious roots while at the same time explore the beauty of Buddhism.

Living Buddha, Living Christ explores the spiritual crossroads where the traditions of Christianity and Buddhism meet. Peace, love and compassion are central to the teachings of Buddha and Christ.

"Just as a flower is made only of non-flower elements, Buddhism is made only of non-Buddhist elements including Christian ones, and Christianity is made of non-Christian elements, including Buddhists ones. We all have different roots, traditions and ways of seeing but we share the common qualities of love, understanding and acceptance."

Mindfulness in Buddhism is very much like the Holy Spirit in Christianity. Both are agents of healing. Both the Buddha and Christ are called healers and both help us touch the ultimate dimension of reality-truly being there and showing kindness and understanding.

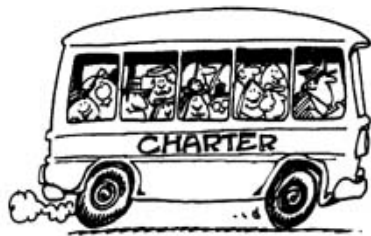
Living in the presence of God is very close to Buddhist's appreciation of inter-being. Present moment in Buddhism is the same as sharing bread and wine as the body of God-all must be done in mindfulness and the present moment.

Both Jesus and the Buddha realized that life is filled with suffering and both offered a way out and encouraged us to learn to live in ways that reduce the world's suffering. Both the Buddha and Jesus spent time alone in the mountains and deserts to reflect and refresh. They both taught women freely and accepted and loved the poor and oppressed. Both the Buddha and Jesus lived without material belongings and always made themselves available to the people. Both taught non-violence and social justice.

Hahn says, "the actual lives of the Buddha and Jesus are most important because as human beings, they lived in ways that we can live too." Christians need Buddhists and Buddhists need Christians to create real dialogue and make us more open-minded, tolerant and understanding. Both Christians and Buddhists like to share their beliefs, but that doesn't mean either need to abandon their spiritual roots. "We human beings can be nourished by the best values of many traditions. Do not think that the knowledge you presently possess is changeless, absolute truth. Learn and practice non-attachment from views in order to receive others' viewpoints. This is the most essential practice of peace."



WENDOVER TRIP



Sunday, June 5
\$18 per person
(includes free buffet, \$5 back)

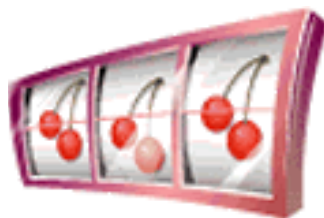
Reservation Deadline:

MAY 30

Ellen K., 771-1761

(Board the Bus in Ogden, Riverdale, Layton or Woods Cross)

Sponsored by The Ogden BWA



BWA SUSHI FUND RAISER



Sunday, May 22
\$10 per plate

Available for pick-up following Gotan-E Service
All proceeds will go to the Buddhist Church of Ogden



BWA SUSHI FUNDRAISER

Thank you for your support!

Sushi plates will be ready for pick up on Sunday, May 22
following Gotan-E Service

YOUR NAME _____

of plates ordered _____ X \$10 each = \$ _____ total due

Please make checks payable to:
Ogden Buddhist Church

Order forms need to be filled out and given to any
BWA member by May 8th.



OBON

***Believe it or NOT,
it is time to begin planning for OBON!***

Obon is a very important part of our religion. It is something that not only we, as members look forward to, but the community does as well!

It is also a MAIN fund raiser for our Temple.

Please do what you can to help --- EVERY little bit helps tremendously!

2011 OBON DANCE PRACTICE SCHEDULE

Come and learn the dances - Everyone is welcome!

Practice begins at 7:00 p.m. at the Ogden Buddhist Temple.

Monday & Wednesday, June 27 & 29

Friday, July 1

Wednesday & Friday - July 6, 8

Monday & Wednesday - July 11 & 13

OBON PREPARATION

We will be doing food prep and getting the church set up for Obon at 6:00 p.m. on Thursday, July 14, 6:00 on Friday, July 15 and at 9:00 a.m.

on Saturday, July 16. Volunteers are needed both nights and especially on Saturday. Please come and lend a hand when you can.

THANK YOU!



2011 OBON DONATION LIST

The board is asking our members to help by donating non-perishable items needed to prepare for Obon, which will be held on Saturday, July 16.

Items must be brought to the church by July 8

HOW TO DONATE: Please CALL: *** Omitted for online version *** or EMAIL: rakawashima@hotmail.com

BEFORE you purchase these items - so items will not be duplicated.

Be sure to give your receipts to Betty Y. so she can record your non-cash donation.



5 Large bottles Yoshida Sauce

3 60-oz bottles Mirin

8 50-count nori sheets

30 cans spam

8 - double-size packages somen

2 Costco-size package of regular paper towels

3 - 25 pound bags sugar

1 - gallon Seasoned Rice Vinegar (green label)

1 - 24 oz. can Sesame Oil

10 - 20 pound bags of Rice

Any amount of paper products – forks, spoons, knives, plates, napkins, etc.

In Loving Memory

The Ogden Buddhist Temple Sangha extends its deepest sympathies to the families of the following members who recently passed away.

*May the family members find solace and comfort in the Nembutsu.
Namo Amida Butsu*

Mitzie Hashimoto Akiba ~ March 2, 2011

Rokuro George Nakano ~ March 4, 2011

LaRene N. Yamashita ~ April 7, 2011



**GOTAN-E
May Shotsuki Hoyo
Hatsumairi**

**Sunday, May 22, 2011
Service at 1:00 p.m.**



This service is to celebrate the birth of Shinran Shonin (1173-1262), the founder of our sect. It is also called Fujimatsuri in reference to the Wisteria flower which represents our sect. Unlike other flowers which seem to stand up straight and tall when in full blossom, the wisteria hangs down, when in full bloom, as if in humility. This teaches us that a true and real human being does not stand up in arrogance at their accomplishments, but rather realizes that they have so much for which to be grateful.

In connection with this very special observance, we hold Shosanshiki also know as Hatsumairi (First visit ceremony) or Infant Presentation service. This service is held for all children born into our Sangha over the past year. It is a day to present the child to Buddha and to the Sangha, and to celebrate their first step upon following the Dharma.

ESHINNI AND BWA MEMORIAL SERVICE

**Sunday, June 12, 2011
Lunch served at 11:30 a.m.
Service at 1:00 p.m.**

Speaker: Rev. Jerry Hirano



This is a memorial service for the wife of Shinran Shonin, Eshinni. Eshinni is considered the first role model of Jodo Shinshu womanhood. In this regard the memorial service is held in memory of any BWA (Buddhist Women's Association) member who died during the previous year.

JUNE SHOTSUKI HOYO

**Sunday, June 19, 2011
Service at 10:00 a.m.**

May and June Shotsuki Hoyo

May Shotsuki Hoyo

May 22, 2011, 1:00 p.m.

| | | |
|--------|------|------------------------|
| May 16 | 2006 | Etsuko Fujimoto |
| May 17 | 1963 | Zentaro Higashiyama |
| May 1 | 1973 | Tomene Higashiyama |
| May 10 | 2009 | Leo Sumio Iseki |
| May 24 | 1969 | Tsunayoshi Iseki |
| May 26 | 1965 | Shujiro Kakushi |
| May 29 | 1969 | Buichi Kataoka |
| May 10 | 1960 | Tome Kawaguchi |
| May 1 | 1968 | Keitaro Kikuraku |
| May 25 | 1995 | Sumiko Koga |
| May 28 | 2002 | Shigeko Koga |
| May 4 | 1954 | Kaihei Kosaiku |
| May 1 | 1926 | Ruby Kosaiku |
| May 24 | 1991 | Tsugi Miyagishima |
| May 8 | 1979 | Sakujiro Moriyama |
| May 24 | 1974 | Shinayo Nakano |
| May 17 | 1986 | Hana Nishihara |
| May 31 | 1961 | Tsurukichi Omori |
| May 16 | 1973 | Suga Omori |
| May 19 | 2009 | Henry E. Riley |
| May 19 | 1969 | Ginichi Shigei |
| May 3 | 1972 | Tomeyo Shimada |
| May 16 | 1970 | Mike Maseo Shimizu |
| May 1 | 1987 | Naka Shiramizu |
| May 29 | 1996 | Hisako Teramoto |
| May 6 | 1999 | Harry Hisao Teramoto |
| May 22 | 2001 | Kiyoshi Kay Watari |
| May 16 | 1993 | Yoshiye Yamaguchi |
| May 16 | 1991 | Kamesaburo Yamasaki |
| May 20 | 1970 | Shigenori Yano |
| May 6 | 1972 | Toriko Yei |
| May 30 | 2006 | Daiiche Yoshimura |
| May 20 | 2005 | Sumiye M. Yoshimura |
| May 27 | 2001 | Masaji Roy Yoshinaga |
| May 1 | 2008 | Helen Fujiko Yoshinaga |

June Shotsuki Hoyo

June 19, 2011, **10:00 a.m.**

| | | |
|---------|------|------------------------------|
| June 28 | 2005 | Haruye K. Endo |
| June 12 | 1998 | Yoshiyuki George Hirabayashi |
| June 16 | 1998 | Shizue Kano |
| June 16 | 1969 | Shegejiro Kawaguchi |
| June 7 | 1977 | Kanichi Kawaguchi |
| June 28 | 1985 | Kiku Kudo |
| June 23 | 1965 | Uji Miya |
| June 30 | 1965 | James Jusuburo Murakami |
| June 24 | 2001 | Hichiro Jim Nakano |
| June 23 | 1994 | Mine Ogata |
| June 25 | 1965 | Kakutaro Okawa |
| June 24 | 1998 | Masao Okuda |
| June 6 | 2000 | Kimiko Tsukamoto |
| June 6 | 2002 | Joe Yamashita |
| June 26 | 1976 | Suga Yano |
| June 11 | 1993 | Tome Yoshimura |

For those years not having a specific memorial service such as 2nd, 4th, 5th, etc. the temple is holding these monthly Shotsuki Hoyo. During these services, the temple will list the names of those members who have died during the month in the preceding years.

The families then attend that monthly service in memory of their loved one.

These services are not meant to replace the specific memorial services. Please contact Rev. Hirano to make arrangements for those services. Rev. Hirano contact information: Office: 363-4742,
Home: 299-8727, Emergency: 819-2648

2011 Memorial Service Schedule for those who passed away in:

| | | |
|---------------|----------------|-----------------|
| 2010 – 1 year | 1999 – 13 year | 1979 – 33 year |
| 2009 – 3 year | 1995 – 17 year | 1962 – 50 year |
| 2005 – 7 year | 1987 – 25 year | 1912 – 100 year |



MAY, 2011



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--------------------------------------|---|---|-----------|--|
| 1 9:00 am – Discussion Group 11:00 am – SL/Ogden Dharma School Bowling Party @ Bonwood Bowl | 2 | 3 | 4 10am -Dharma Study Group 7-8:30pm – Buddhism 201 | 5 Boy's Day  | 6 | 7 |
| 8 8:30 am – DS MOTHER'S DAY BREAKFAST 9:00 am – Discussion Group 10:00 am – Dharma School Svc. | 9 | 10 7:30 pm – Board Meeting | 11 10am -Dharma Study Group | 12 | 13 | 14 |
| 15 9:00 am – Discussion Group 10:00 am – Dharma School Svc. 11:00 am – DS Parent Meeting 1:00 pm – BWA Meeting | 16 | 17 | 18 10am -Dharma Study Group | 19 | 20 | 21 9 am – Sushi Fund Raiser Prep |
| 22 9:00 am – Discussion Group 1:00 pm – Gotan-E Svc., May Shotsuki Hoyo, & Hatsumairi BWA Sushi Sale | 23 | 24 | 25 10am -Dharma Study Group | 26 | 27 | 28 |
| 29 NO Discussion Group NO Dharma School Service | 30 Memorial Day Cemetery Service 9:00 am – Syracuse 9:30 am – Washington Hts. 10:00 am - Ogden | 31 | | | | |

Toban Cleaning:

Harry & Alice S. (Toban Cleaning Leader)

Marie S.

Geoff & Linda-E. R.


Lorraine S.





June, 2011



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|-------------------------------------|-------------------------------------|--|----------|--------|----------|
| | | | 1 10am -Dharma Study Group | 2 | 3 | 4 |
| 5 9:00 am – Discussion Group DHARMA SCHOOL LAGOON DAY BWA WENDOVER BUS TRIP | 6 | 7 | 8 10am -Dharma Study Group | 9 | 10 | 11 |
| 12 9:00 am – Discussion Group 11:30 am – BWA Lunch 1:00 pm – BWA Special Service | 13 | 14 7:30 pm – Board Meeting | 15 10am -Dharma Study Group | 16 | 17 | 18 |
| 19 8:30 am – DS FATHER’S DAY HAWAIIAN BREAKFAST 9:00 am – Discussion Group 10:00 am – Dharma School Svc Last day of Dharma School Party! | 20 | 21 | 22 10am -Dharma Study Group | 23 | 24 | 25 |
| 26  Yagura Building Party! *Please see a board member for more information!* | 27 7 pm – OBON Dance Practice | 28 | 29 10am -Dharma Study Group 7 pm – OBON Dance Practice | 30 | | |

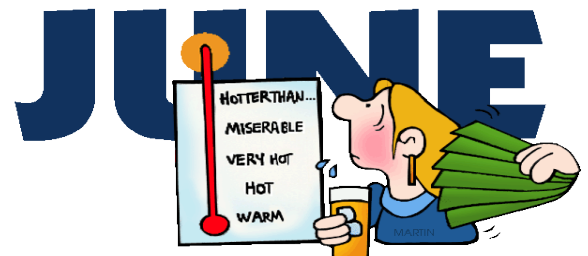
Toban Cleaning:

Mike & Annette K. (Toban Cleaning Leader)

Scott K.

Sheldon & Kathy S.

Julia F.



IMPORTANT DATES!

OBON: July 16-17

MOUNTAIN STATES CONFERENCE (Moab):

August 12-14

BAZAAR: October 8

