



THE GEPPPO



A publication of the Ogden Buddhist Temple

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Bombu Goes on a Meditation Retreat

~By Carmela J. H., M.D.

“Breathing in, I know I am breathing in. Breathing out, I know I am breathing out. Breathing in, I am a flower. Breathing out, I am fresh. Breathing in, I am a mountain. Breathing out, I am stable. Breathing in, I am water. Breathing out, I reflect reality and Truth. Breathing in, I am space. Breathing out, I am free.”

~Ven. Thich Nhat Hanh

Last week I had the privilege of studying the Dharma with one of the most popular and respected teachers of his time, the Venerable Thich Nhat Hanh, or “Thay” to his followers. He is currently touring and teaching in the US, which he regularly does every other year. I have been wanting to hear him speak in person, having read many of his books, including “Peace is Every Step”, “True Love”, “Anger”, and “Transformation and Healing: Sutra on the Four Establishments of Mindfulness.” Up in the Colorado Rockies, 8100 feet above sea level, I finally gazed at the beloved face of the 85-year-old monk who escaped North Vietnam during the war and boldly went back with his followers to bring much-needed supplies to the people of North Vietnam behind enemy lines. He had inspired so much dedication and resolve in his work that he was nominated for the Nobel Peace Prize by Martin Luther King in 1966. Thay now has monasteries in Escondido, California (Deer Park), New York (Blue Cliff) and his home monastery-in-exile, Plum Village, in France, plus educational institutes in Europe and Asia teaching and training Buddhist applied ethics.

So, what’s a Shin Buddhist doing in a meditation retreat? What is the significance of a meditation mindfulness retreat in a tradition born in Japan’s peasantry where there was no time for sitting in contemplation? In retrospect, I wanted to see this legend of a man who has written over 100 books, poems, and publications and who has inspired over 700 nuns and monks to follow his path of Interbeing and Engaged Buddhism. I also wanted to check if my Shin Buddhist practice holds up to the rigorous meditation practice on the cushion, something I had prided myself in accomplishing while on silent week-long Zen sesshins about a decade ago. I thought to myself: Thay’s retreat should be a breeze.

Well, the first time I got scolded by another participant for calling out someone’s name out loud at a supposedly silent mindful lunch on the first day, I knew I was headed for trouble. Then more boo-boo’s followed: I unmindfully spilled boiling coffee on myself, and my instinctual reflex caused me to unmindfully spill it on the little kid next to me; I missed the first early morning sitting at 5:30 because I couldn’t find my badge which I unmindfully placed somewhere, so I gave up and went back to bed, and found the infernal badge in time to allow me in for silent breakfast. The cuisine was entirely vegan, and after eating fruits and vegetables for breakfast, lunch and dinner I got pretty hungry in an hour or so, so I learned to mindfully sneak some bread or bagels into my bag “for later.” By the end of the week my gums were sore from chewing leaves fifty times at every bite, at 30 bites per meal. I noticed fellow practitioners in utter silent bliss in the sunlight, while others sang softly with the nuns and monks just before Thay’s dharma talks. There was a sweet and gentle sense of community in the meditation hall, as people slowly piled in with their zafus, yoga mats, blankets, and thermoses

of tea and coffee, to hear the wisdom of the man who taught the Dharma right to the core of the suffering heart. When Thay walked in for the first time on the first day, the hush in the room would have made a pin drop sound like a little taiko. Someone yelled out (against mindfulness protocol), “Thay, we love you!” to which he responded with a smile, his trademark. He began, gently, softly, with “Let us breathe together.” (This made me think of my Catholic past when, during mass, the priest would say, “Let us pray together.”) “Your presence is the best gift to your loved one. You can’t buy it from the market. The first aim of Buddhist meditation is to be present. In order to love, you have to be there. To be there, you have to bring your mind home to your body.” (At this point, my tears came willingly, without protest, which surprised the jaded hardened exterior I brought with me. Then I realized I was homesick! Homesick for just being in my body because my mind had been wandering for so long on daily grunt work, and for Salt Lake City I now call home, and it was just the first day!) Thay gave such moving dharma talks as if he spoke directly to me. This was echoed by many other participants in small group discussions, many of whom came to the retreat bearing their great pain, unexpressed and unheard, until now. I was touched by the lullabies in Vietnamese during relaxation meditation sung by an elderly nun, as if I were held in the loving arms of Amida Buddha, never to be abandoned.

Thay led us every morning in walking meditation into the evergreen woods nearby; in the clearing he sat in silence surrounded by some 30 children and couple dozen teens and 900 other people, breathing in and out with peace and joy, while I looked for a comfortable place to sit on besides the pine cones sticking up my hiney. He said to walk as if you are kissing the earth with your feet. Trudging up the dusty hill I tried to concentrate: “Kiss...kiss...I am home, I have arrived.” I did arrive all right, to the home I call my *bon no*. Very familiar, always grumbling, always whining, my beloved *bon no*. While people around me seemed so serene, so blissful, all I could think about was an ice cold diet Coke and a nice couch to crash into. In the meditation hall, just before Thay’s dharma talks, the monks would led us in singing gathas, accompanied with harps, violins, guitars and flutes. I felt like I was in a musicfest at Who-ville – everybody was so happy. I tried to look happy, but inside I felt out of my element. I thought, “I couldn’t do this – sitting in silence, walking in silence, singing happy songs, eating vegetables in silence.” There was no silence in my head. The constant whining and complaining, the never-ending I-wish-I-had-this, I-wish-I-had-that, my ingratitude for all the work and energy that Thay and his congregation put together for my benefit, and all the mindless mistakes I made kept me so preoccupied with my own discomfort that I failed to appreciate all the caring and healing all around me.

“Mindfulness, concentration, and insight” seem very difficult practice. I kept getting pulled to my attachments back home. My breath is supposed to be home, but it’s not the same breath in my own kitchen smelling of dogs, my own house smelling of half-open bag of potato chips and Jerry’s juicy steaks on the grill. “Interbeing” is a struggle when I’m so caught up in myself. The more I try to practice, the more my blind passions manifest. Maybe this is the light of awareness Thay was talking about – the more mindfulness, concentration and insight, the more clearly I see this evil person in myself, and my utter ineptness at this practice. As a Shin Buddhist, I can say *Namo Amida Butsu* in less than a second. Here, a 5-day retreat seems like an eternity. My *bon no* kept revealing itself to me in the midst of the majesty of the Rockies, in the silence of the early morning, in the cafeteria while I was surrounded by the nutritious sustenance of the earth, in the meditation hall amidst other human beings so hungry to hear the Dharma.

Thich Nhat Hanh said that the lotus can only grow in the mud, and the sangha is made of non-sangha elements, and the Buddha is made of non-Buddha elements. The mud and the lotus “inter-are.” In my mind, I’m thinking, “Bombu and Buddha inter-are.” I am interbeing with other beings in this room. I’m interbeing with Thay. Wow, now that’s really something! From time to time during the retreat, there were moments when I felt that Thay and the rest of the sangha were manifesting the working Vow of Amida to show me my bombu-ness. Seeing my bombu in a meditation retreat, I concluded: A Shin Buddhist in a meditation retreat is like a pebble sitting in the mud among the roots of lotuses, wishing she was a lotus and in so doing realizes her pebble-ness.

“Breathing in, I am a bombu. Breathing out, I’m still a bombu.” But at least I’m a breathing bombu, saying *Namo Amida Butsu*!

***** ~~~~~ *****

Notes on What to Bring to Survive a Meditation Retreat:

- 1) *BYOZ – Bring your own zafu. Helps with back, legs, and minimizes complaining.*
- 2) *Comfortable walking shoes with good grip on treads.*
- 3) *Comfy thick socks, the main foot gear inside a meditation hall. Oh, and foot deodorizer, too.*
- 4) *Thick blanket, for cooling temperatures outside and for sitting on pine cones.*
- 5) *Breath mints. Not talking for a long time can be disastrous to your neighbor once you open your mouth.*
- 6) *Journal and extra pens (one to use, others to lend in good faith, but really to give away.) *Note: it was recommended not to take notes during dharma talks so you can really focus on the teaching, but if you're like me, in one ear, out the other.*
- 7) *Camera without a flash for use on celebrities and posterity only. Otherwise the technical crew provides recordings of the whole event.*
- 8) *Munchies compatible with your gut preferences.*
- 9) *Loose clothing. Something like PJ's but only with designer labels on them.*
- 10) *Small bag to carry stuff around, but unique so as not to be mistaken for someone else's.*
- 11) *Name labels to put on everything you have out there, including on shoes by the door, sunglasses, etc. You'd be amazed what ends up in Lost and Found.*
- 12) *Ziploc bags for snacks and trash.*
- 13) *Business cards for networking.*
- 14) *Tennis balls (or pine cones) to lie on to untie knots on your back.*

President's Message

Thank you! Thank you! A big thank you goes out to all the people who helped and contributed to this year's Bazaar. The Bazaar was a big success and it would not have been possible without everyone's support and generosity. Congratulations to Bryson H. the big winner in the raffle.

Please mark your calendars. This year's general board meeting will be November 20th, 2011 at 2:00 pm. I would encourage members to try and attend. It has been a busy year, and the Board will be addressing the events of the past year as well as what is ahead. I hope to see you there.



In Gassho,
Kirk Y.



Buddhist Churches of America Bookstore

*Greetings from the BCA Bookstore!
By Gayle N.*

New manager: My goal as Manager of the BCA Bookstore is to continue to fulfill its primary purpose since opening in 1959: *to provide Buddhist books, supplies and merchandise for our BCA temples and members.* That is my commitment and I hope you will let me know what I can do to support you and your temple. You may reach me at gayle@bcabookstore.com or phone at 510-809-1435.

Website: I have been in the process of updating the website www.bcabookstore.com and will continue to update it regularly. Be sure to check out the New Books and New Items sections in particular, as well as the Closeouts section for books and merchandise at a bargain.

I've added books to the Children's section and a variety of affordable onenju to the Ritual Items section.

BCA Bookstore Gift Cards: Gift Cards to the BCA Bookstore are always available and can be issued in any dollar value. Out of area customers can redeem gift cards by e-mailing or phoning orders to me (at this time gift cards are not redeemable online).

If you don't see what you're looking for on the website or have questions, please contact me! I look forward to serving your needs.



BWA NEWS



Well Bazaar has come and gone for another year!! Thanks to all the ladies, and some young ladies (Madison) that helped make and sell manju at the Bazaar, it is a lot of work and it always turns out great.

And a big thank you to everyone who helped to make and sell sushi at Bazaar also, it is always a big undertaking and everyone works so hard. Thanks to the extra people who are not even BWA members that helped also.

The quilt BWA made for the raffle at Bazaar turned out beautiful!! Thanks to all the ladies who worked on making the quilt. Special thanks to Yoshiko Y. for finishing the quilt and to Jeannie P. for making the matching pillow shams. Everyone always wants to win the quilts because they are always so nice and unique. Good job everyone.

I am always so appreciative to all the ladies that do so much for BWA, sometimes without even being asked, thank you very much for all your hard work to keep the Temple a great place to be.

In Gassho,
Tami H.

Arigato
THANK
YOU



BWA Donations

Omitted for Online Version

DHARMA SCHOOL NEWS

By Suzan Y.



Thank you everyone for supporting the October Bazaar. This is a major event for our church and one that the community enjoys. Overall we had an increase in participation and received several compliments from our guest. Thank you, Robyn H. and Justine H. for organizing the kid's area. We had an increase in games for the kids, due to the creativity of Dana and Bob M. who donated the games.

I not only want to thank everyone for helping out with Bazaar, but in making Dharma School a fun and inviting place to learn. This year's committee chairs are:

- | | |
|--------------------|--------------------------|
| October – November | Justine & Robyn |
| December – January | Suzan, Stan & Alice |
| February – March | Stacie, Robyn & Justine |
| April – May | Lorraine, Ellen & Geniel |
| June – July | Betty, Kris & Tami |

We will hold monthly Dharma School meeting the second Sunday of the month. If you want to get involved and help out with any of the activities, just contact a committee chair or come to the monthly meeting.

Don't forget to order your *SCRIPS!*

Beginning November 6, we will be placing orders weekly through December 11.

OGDEN DHARMA SCHOOL 2011-2012 SCRIP SCHEDULE

<u>Order Deadline</u>	<u>Scrip's Received</u>	
Nov 6	Nov 13	(Thanksgiving Nov 24)
Nov 13	Nov 20	
Nov 20	Nov 27	
Dec 4	Dec 11	
Dec 11	Dec 18	(Christmas Dec 25)



For more information contact Suzan Y. (Phone # Omitted for Online Version)



Dharma School Donations

Omitted for Online Version

mochi IS BACK!!

By Stan H.



The Jr. YBA and YBA are having their annual Mochi Fundraiser. A tray of six will cost \$7.00. Ask any YBA member for order forms. Order forms will be due on November 27th. The YBA is making the mochi on December 10th and distributing orders on Bodhi Day, December 11th.



Ogden Jr. YBA / YBA Mochi Fundraiser ORDER FORM 2011

THANK YOU FOR YOUR CONTINUED SUPPORT!!

NAME: _____

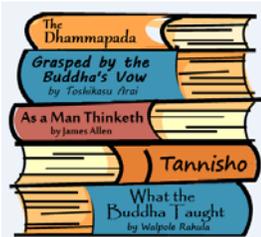
Please check one:

PHONE NUMBER: _____

- I will pick up on December 11th
 Please call me for a delivery time

of Mochi trays ordered _____ X \$7.00 each = \$_____ Total Due

ORDER FORMS ARE DUE NOVEMBER 27, 2011
 Please make checks payable to Ogden Buddhist Church – YBA



Buddha's Bookshelf

Each GEPP0 we will be spotlighting a book on Buddhism. The article will contain the book information and a short summary written by a study group or temple member. We hope you enjoy our "bookshelf".

Review by Laura W.

The Miracle of Mindfulness, a Manual on Meditation, Author: Thich Nhat Hanh
Moment by Moment, the Art and Practice of Mindfulness, Author: Jerry Braza, Ph.D.

Because mindfulness and meditation are so helpful and yet so easy to put aside in the course of our busy lives, these two books can be especially useful in pulling us back to the concept of living "in the moment."

"The Miracle of Mindfulness" by Thich Nhat Hanh is an excellent introduction to the basic idea of meditation and why it is important in helping us gain control of our consciousness. Nhat Hanh uses simple, everyday examples of how we let our thoughts wander over past events or race ahead to the future, preventing us from fully experiencing life in the present. This is a very readable English translation that touches on the main aspects of Buddhism and meditation in a way the Western mind can easily grasp.

“Moment by Moment” takes a more obvious self-help approach to the topic, offering “mindfulness tests” and discussing mindfulness in the context of relationships, stress management, productivity and health. It uses Buddhist teachings (the foreword is written by Thich Nhat Hanh) in a framework of modern-day psychology.

Both books are quite concise and perfect to keep around for a quick “refresher” when you need a little inspiration. I would recommend Nhat Hanh’s “Miracle of Mindfulness” for those times when you want to quiet your thoughts and reflect on ways to maintain a meditative approach to life. When you want to tackle and gain more control over specific areas of your life through meditation and mindfulness, Braza’s “Moment by Moment” can be an excellent and enjoyable resource.



Special Sale

By Linda E.

We have a very special item for sale and would like for it to be purchased by someone who will take very good care of it.

It is a Japanese Wedding Kimono.

If you are interested in purchasing this fabulous Wedding Kimono, please contact any board member.

BAZAAR

THANK YOU

No Matter What Language We Say It In
Please know that we are sincere when we say,
THANK YOU, THANK YOU, THANK YOU!

The Ogden Buddhist Church Board of Directors would like to officially thank every member, non-member, community member, friend, and enthusiast for their support (both monetary and hard work) of our temple’s biggest fund raiser. Once again, our Bazaar was a complete success!

Thank You *Mahalo*
Tack **Kiitos**
Grazie **Toda**
Takk **Thanks**
Obrigado **Merci**
Gracias

2011 BAZAAR DONORS

Thank you to the members who donated food items, prizes for the raffle, prizes for bingo, our special raffle baskets, and for collecting prizes from retailers. These donations helped to keep our expenses down this year.

Thanks goes to Rusty Y. for preparing lunch for the BWA ladies on Friday.

A BIG Thank You goes to Georgia & Max Y. for providing lunch for all the bazaar workers on Saturday. Both meals were greatly appreciated.

James & Marisa A.
George & Yuko A.
Susan C.
Karen D.
Harry E.
Linda E.
Mas E.
Tom & Marcie F.
Julia F.
Manabu F.
Mas & Chizuko F.
Aiko H.
Fran H.
Todd & Stacie H.
Alice H.
Stan & Tami H.

Bart & Robyn H.
Max & Akie H.
Kevin & Justine H.
Akie K.
Steve & Ellen K.
Valerie K.
Kim & Kuni K.
Fumie K.
Darlene M.
Jeannie P.
Rachel P.
Debbie R.
Geoff & Linda R.
Roy & Masako R.
Lorraine S.
Masayo S.

Ralph & Ruth S.
Roland & Janice S.
Tomoko S.
Harry & Alice S.
Marie S.
Pam S.
Caryn Y.
Steve & Kris Y.
Hiro & Yai Y.
Kirk & Betty Y.
Yoshiko Y.
Georgia & Max Y.
Marilyn Y.
Toby & Mui Y.
Blaine & Suzan Y.

A special thank you to Jancie and Roland S. for donating the bakery carts and trays.

We have tried to be as thorough as possible with the donation list. We apologize if we missed anyone who generously donated to this year's bazaar.

If you have not done so already, be sure to give your receipts to Betty Y. so she can record your non-cash donation.



The Board would like to thank the following businesses and individuals for their donations to our 2011 Bazaar.

When possible, please support these businesses that have been so generous to our temple:

Advanced Massage Therapies
AKA Distributing
Andy's Lounge & Restaurant
Bean-A-Colada
Ben Lomond Golf Course
Bionicle
Caffe Cafe
Carquest
Ed Kenley Ford
Great Basin Electronics
Herrick Industrial Supply
Ho Ho Gourmet (Bountiful)
Iron Horse

Jimmy's Flower
Kano & Sons
Mark Kano - State Farm Insurance
National JAACL Credit Union
Old Spaghetti Factory (SLC)
Quality Produce (SLC)
Spare Time Family Fun Center
Utah Bean Sprouts (SLC)
Utah Onions
Harry E.
Christine G.
Heide G.

Earl H. & Jeff K.
Lisa H.
Carolyn K.
Bobby M.
Kent N.
Ila & Beb O.
Kenge & Marye O.
Debbie R.
Mitzi T.
Lynn W.
Sam Y.
Sherry Y.



Eitaikyo & November Shotsuki Hoyo



Sunday, November 20, 2011

Service at 1:00 p.m.

GUEST SPEAKER: Rev. Ryoei Nanjo

Rev. Ryoei Nanjo is a minister from Japan. He is currently a student at IBS (Institute for Buddhist Studies). The subject of his M.A. is Practical Jodo Shinshu. His father was a Kaikyoshi at the Los Angeles Betsuin.

The Eitaikyo Service is a memorial service for people who have handed down the teaching of the Nembutsu to us. In the glossary in our temple's service book, "Eitaikyo" is defined as a "perpetual memorial service." This is a general memorial service for all departed members of the temple. The word Eitaikyo actually means "perpetual sutra." Eitai means "perpetual" and Kyo means "sutra," or "teaching of Buddha."

Bodhi Day & December Shotsuki Hoyo

Sunday, December 11, 2011

Service at 1:00 p.m.

Otoki Lunch at 11:30 a.m.

At the age of 35, while meditating under the bodhi tree, Siddhartha Gautama attained enlightenment and became Sakyamuni Buddha. By his example, the Buddha showed us that it was possible for anyone to become a Buddha - a fully enlightened person. We commemorate this very special event on Bodhi Day.

Joya-E

(Last Night Gathering) New Year's Eve Service

Saturday, December 31, 2011

Service at 6:00 p.m.

Potluck Dinner following service

This year end service is held to express gratitude for all the causes and conditions which have allowed us to live this past year. It is a time to reflect upon the interdependence of all Sangha members and the lives we live. At the end of the service all those attending the service participate in the ringing of the Joya no Kane (Last Night Bell). The Temple Bell is rung 108 times signifying the 108 Bonno or Passions that make up our human existence. This bell is rung to recognize these traits in our own personalities and express appreciation for Amida Buddha's compassion, which embraces us, even though we are bound by these passions

November and December Shotsuki Hoyo

November Shotsuki Hoyo **November 20, 2011, 1:00 p.m.**

Nov 20	1986	Shizu Fukuda
Nov 20	2003	Masaru Hamada
Nov 17	2001	Shigeru Hamada
Nov 23	2005	Norma Hatsuye Inouye
Nov 21	1961	Kunimatsu Inouye
Nov 14	1964	Kyuta Ishibashi
Nov 6	1981	Kikujiro Ishii
Nov 21	1982	Masami Itakura
Nov 21	1961	Chiyoji Kamita
Nov 16	1993	Toshio George Kano
Nov 18	2006	Yoshito (Yosh) Kato
Nov 23	1963	Kiyoyasu Kawashima
Nov 20	1989	Jimmie Noboru Kunimoto
Nov 21	1964	Todd T. Kuroiwa
Nov 2	1981	Masaichiro Marumoto
Nov 6	1961	Yagoro Nakamoto
Nov 17	1981	Shigako Nimori
Nov 26	1991	Kimi Nishikawa
Nov 27	1959	Jisaku Sakurada
Nov 26	1964	Kamesaburo Suekawa
Nov 23	1979	Motoharu Sumida
Nov 5	1970	Sanji Tawatari
Nov 11	2001	Dan Tsukamoto
Nov 7	1988	Kiyonobu Watanabe
Nov 25	1964	Tomesaku Watanabe
Nov 24	1979	Suzumi Yamada
Nov 15	1989	Sidney Yuki Yoshi Yamasaki
Nov 28	1986	Shunjiro Yamasaki
Nov 23	1991	George Yamashita
Nov 14	1982	Munagi Yoshitaka

December Shotsuki Hoyo **December 11, 2011, 1:00 p.m.**

Dec 26	1982	Kristen Taeko Fukawa
Dec 29	1986	Kasumi Hamada
Dec 1	1972	Yorito Hamada
Dec 11	2004	Dick Setsuji Hirabayashi
Dec 6	1977	Yasu Hirabayashi
Dec 24	1982	Tome Inouye
Dec 11	1966	Masayasu Ito
Dec 7	1991	Nobuo Kamigaki
Dec 23	2008	Shigeru Henry Kawaguchi
Dec 22	1985	Ray Isao Kano
Dec 19	1989	Hideo Kawaguchi
Dec 23	2007	Shizu Nakano Miya
Dec 30	1995	James Sunao Morinaka
Dec 29	1991	Hanako Moriyama(Yonemoto)
Dec 23	1961	Yae Murakami
Dec 29	1995	Suyeo Frank Nakano
Dec 19	1962	Isekichi Nishiki
Dec 30	1981	Masashi Nozaki
Dec 11	1995	Staci Sachiko Oda
Dec 21	1994	Wataru Jack Oda
Dec 29	1968	Mitsugu Oda
Dec 21	1993	Tokiichi George Sato
Dec 20	1969	Yonekichi Shirazmizu
Dec 31	1978	Hajime Tokifuji
Dec 3	1990	Asao Tsukamoto
Dec 2	1984	Tatsuji Watanabe
Dec 6	1989	Takako Watanabe (Onishi)
Dec 22	1969	Torahei Yamamoto

For those years not having a specific memorial service such as 2nd, 4th, 5th, etc. the temple is holding these monthly Shotsuki Hoyo. During these services, the temple will list the names of those members who have died during the month in the preceding years. The families then attend that monthly service in memory of their loved one. These services are not meant to replace the specific memorial services. Please contact

Rev. Hirano to make arrangements for those services.

Rev. Hirano contact information:

Office: 363-4742, Home: 299-8727, Emergency: 819-2648

2011 Memorial Service Schedule for those who passed away in:

2010 – 1 year	2005 – 7 year	1995 – 17 year	1979 – 33 year	1912 – 100 year
2009 – 3 year	1999 – 13 year	1987 – 25 year	1962 – 50 year	



NOVEMBER, 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6 9:00 am – Discussion Group 1:00 pm – Family Service	7	8 7:30 pm – Board Meeting	9 10am – Dharma Study Group	10	11	12
13 9:00 am – Discussion Group 10:00 am – Dharma School Mochi Making	14	15	16 10am – Dharma Study Group	17	18	19 3 pm – Seminar with Rev. Nanjo SL Holiday Boutique
20 9:00 am – Discussion Group 10:30 am – BWA General Meeting 1:00 pm – Eitaikyo Service Shotsuki Hoyo 2:00 pm – General Board Meeting SL Holiday Boutique	21	22	23 NO Dharma Study Group	24  Happy Thanksgiving	25	26
27 9:00 am – Discussion Group *NO Dharma School* Enjoy the Holiday Weekend!	28	29	30 10am – Dharma Study Group			

Toban Cleaning:

- Ruth K. (Toban Cleaning Leader)
- Bart & Robyn H.
- Kevin & Justine H.
- Marie H.



DECEMBER, 2011



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3 6pm – JACL Appreciation Dinner
4 9:00 am – Discussion Group 10:00am–Dharma School Svc.	5	6	7 10am – Dharma Study Group	8	9	10 9 am – DS Mochi Making
11 9:00 am – Discussion Group 11:30 am – Otoki Lunch 1:00 pm – Bodhi Day Service Shotsuki Hoyo	12	13 7:30 pm – Board Meeting	14 10am – Dharma Study Group	15	16	17
18 9:00 am – Discussion Group 9:00 am – Church Mochi Making 1:00 pm – Family Service	19	20	21 10am – Dharma Study Group	22	23	24
25 *NO Dharma School* Enjoy the Holiday Weekend!	26	27	28 NO Dharma Study Group	29	30	31 6 pm – Joya-E Service *Pot Luck Party*

Toban Cleaning:

Stan & Tami H. (Toban Cleaning Leader)
 Mackenzie H.
 Alex H.
 Alice H.

